

THE BIRTHDAY GUEST COMFORT CHECKLIST



KIDS' COMFORT GUIDE

FOR YOUNGER KIDS:

- ✓ Keep wait times short
- ✓ Build in easy parent check-ins
- ✓ Preview each activity before it starts
- ✓ Offer familiar food choices

FOR KIDS WHO NEED A BREAK:

- ✓ Show them where to reset
- ✓ Allow flexible participation
- ✓ Keep seating within easy reach
- ✓ Give clear cues before transitions

FOR SHY KIDS:

- ✓ Let them watch before joining
- ✓ Start with a warm, low-key welcome
- ✓ Make group activities feel approachable
- ✓ Give them an easy first step into play

FOR HIGH-ENERGY KIDS:

- ✓ Start with movement-based play
- ✓ Set simple rules before games begin
- ✓ Give them room to stay active
- ✓ Keep the party pace moving



HOST-FRIENDLY CHECKLIST



Share the party flow before guests arrive



Make seating, food, and play areas easy to find



Offer a few ways to join the fun



Time food before energy dips



Keep a calmer reset spot available



Give parents a comfortable place to gather



Use hosted activities to guide the group



Choose an indoor setup where play, food, and party space stay close

Comfort creates confidence, and confident kids make the whole party feel more fun.

